

Essential Contacts and Information: Equality, Anti-Discrimination & Counseling

The following list provides an overview of key contacts, resources, and links related to equality, anti-discrimination efforts, and counseling at Ruhr University Bochum.

Equal opportunities in research, study and administration

[The Equal Opportunity Office](#) provides, under the rubric of news and announcement information on **current events, new materials and initiatives** at Ruhr University. **Contact:** gleichstellungs-buero@rub.de, [0234 / 32 27837](tel:02343227837)

"The central equal opportunity representative has to look after the interests of women who are members or affiliates of the university. It works toward the fulfillment of the university's mission of equality. In particular, it shall work towards the inclusion of equality-relevant aspects in scientific, administrative and technical work, in development planning, in personnel and structural measures and in the performance-related allocation of funds." (see. § 24, 1 HG NRW)

➤ Gender-sensitive HR development and mentoring

[Mentoring³](#) is a program for young female academics from all disciplines which includes one-to-one mentoring, further training and a supporting program. For detailed information on the program lines and registration, get access via the internal service portal. **Contact:** mentoring@rub.de

Anyone who feels unsafe or uncomfortable on the way to the **parking garage, bicycle rack or bus stop on the campus of Ruhr University Bochum** can request accompaniment from the **accompanying service**. The accompanying service is provided free of charge and can be requested by calling [0234 32 27001](tel:02343227001)

Anti-discrimination and inclusion

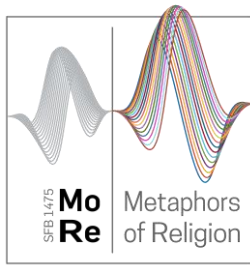
[The Anti-Discrimination Office at Ruhr University Bochum](#) serves as the central point for advice, mediation, and information for students, staff, and other university members who experience or observe discriminatory behavior and have questions or require support regarding this issue. **Counseling** is offered in English and German. [Here you can find further information on how to book an appointment.](#) ➔ **Consultation hours** are offered every **Wednesday from 10:00 to 12:00**. **Contact:** antidiskriminierung@rub.de, Phone: [0234 32 26110](tel:02343226110) (anonymous contact possible)

[The Diversity-Portal](#) provides an overview of important players at the RUB in the areas of anti-discrimination and equal-opportunity work. Under [Aktuelles](#) [please change to the German version to make sure to get to the latest news], you find current events and dates.

Read more

- The website [What is discrimination?](#) provides information on discrimination and on what constitutes discrimination due to disability or illness.





Social counseling for students & employees experiencing discrimination

The counseling provided by the offices listed here is always confidential and takes place in a safe environment! [The social counseling service offers](#) employees advice and support in the event of difficulties such as: conflicts at the workplace, dealing with psychological stress, risk of addiction and addiction, and life crises. **Contact:** Ms Ivonne Lee | ivonne.lee@ruhr-uni-bochum.de, 0234 32 18888.

Students can receive advice and support from the [Psychological Student Advisory](#) Service.

Here you can find an overview [of regional Third-Party Counseling and Support Services](#) for People Experiencing Discrimination.

Contact point for **trans* and inter* persons** at the RUB: anonymous contact possible via trans-inter@rub.de

Inclusion: support for RUB members with disabilities and chronic illnesses

The [SBV](#) (Schwerbehindertenvertretung, engl. Representative for severely disabled persons) promotes the integration of severely disabled people, represents their interests and is there to help them. The SBV explicitly asks all affected employees to get in touch with them to support the smooth establishment of a workplace that meets their needs.

RUB supports and assists **employees and researchers** with disabilities all the way from setting up the workplace to strategic career planning. **Contact:** sbv@ruhr-uni-bochum.de

Inclusion officers represent RUB as an employer in all matters concerning employees with severe disabilities and ensure that the university complies with all obligations to protect and support these employees. **Contact:** Andrea Kaus (Inclusion officer, Human Resources) E-Mail: andrea.kaus@ruhr-uni-bochum.de, 0234 32 25556

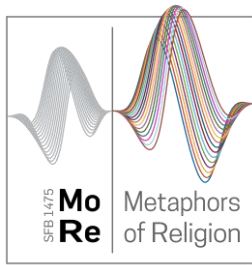
Officer for the interests and needs of **students with disabilities and chronic illnesses** is **Michaela Kusal**, contact: Beauftragte-behinderte-Studierende@rub.de, Phone: 0234 32 11530.

The **Service Centre for Disabled Students** offers advisory services for prospective and current students: [Service Centre for Disabled Students \(BZI\)](#)

Compatibility of family & career

In cooperation with PME Familienservice, RUB offers emergency childcare. In addition, the team of [Familiengerechte Hochschule](#) offers advice on topics such as vacation care, arranging individual childcare services or caring for relatives. The offer can be used 5 times a year free of charge and is only valid for children aged 0 to 12. **Contact:** sarah.rittmann@rub.de, vera.watermeier@rub.de





Training and Workshops

- In the **Fortbildungsportal** (accessible via the internal RUB service portal) you will always find an overview of current workshop offers (in German and English) on topics such as communicating with respect, unconscious bias, intercultural dialogue or teaching on controversial issues.

Your Contact Persons at CERES

You can contact the **Equal Opportunities Commissioner** and her deputies at **CERES**:
<https://ceres.rub.de/en/people/equality-diversity-inclusion/>

Equal Opportunities Commissioner: PD. Dr. Yukiso Kasai

Deputy Equal Opportunities Commissioners: Julia Heinig, Maren Jordan, Helena Ewert

Diversity Commissioners at CERES: Sarah Rautert & Dr. Maren Freudenberg (deputy)

Compatibility: CERES FAMILY ROOM (room 4.12)



Fotos © Dominik Greifenberg

The **Family Room** (4.12) at CERES is located on the fourth floor, to the left of the Ruhrpott-Room. It is specifically intended for CERES members with children. It offers parents a suitable space in which their children can play while they work, when childcare is scarce. The room is equipped with a height-adjustable desk for children, a play sofa, various craft and coloring materials, books and games for different age groups, a Tonie box and a tablet.

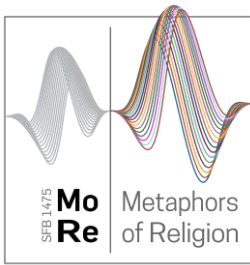
- **If you would like to use the family room, please add your name to the following list:**
<https://docs.google.com/document/d/1S5YsNxkAhrUGrIDfiWGPZDd-nUDhIFRO4Wk3tJqHyBSs/edit?tab=t.0>

In the document, you can also see whether the room is free at the desired time. You will find the key in the secretary's office (3.07, CERES 3rd floor) in the key cupboard (**key no. 80**).

Please note the following guidelines for using the room:

- Shoes must be removed in the family room
- Please do not use the room as a storage space
- Leave the room tidy and clean, and lock the room before you leave!





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Useful Documents you can refer to:

- ❖ [Anti-Discrimination Directive](#)
- ❖ [Compliance Guidelines](#)
- ❖ Richtlinie [Fairer Umgang am Arbeits- und Studienplatz](#) (only in German)
- ❖ Charta [Familie in der Hochschule](#) (only in German)
- ❖ [Equal Opportunity Framework 2020-2024](#) (only in German)

