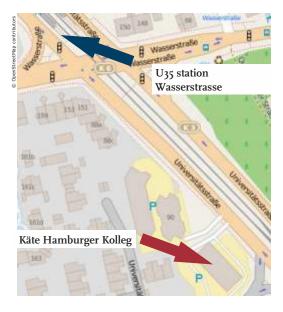
### **DIRECTIONS**

Public Transportation: Take the U<sub>35</sub> CampusLinie towards Hustadt from the center of Bochum or Hauptbahnhof (central station) and get off at the station Wasserstraße. From there turn right and cross the street, then left cross the crossroads passing by the copy shop at the corner and continue for approx. 200 metres until you reach Universitätsstraße 90a.

By Car: The quickest route is via the motorway junction Bochum/Witten, where the autobahns A43 and A44 meet. Simply take the exit Bochum-Querenburg, follow the signs to Bochum Zentrum to the crossroads of Universitätsstraße and Wasserstraße. Take a u-turn left and continue this road for approx. 200 metres, until you reach Universitätsstraße 90a. Parking is possible in front and behind the building.



#### CONVENER

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### **ORGANIZATION**

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RUHR-UNIVERSITÄT BOCHUM

# SLEEP IN CLASSICAL, LATE **AND EASTERN ANTIQUITY** A COMPARATIVE INQUIRY

26-27 September 2017 | CERES Conference Room Ruhrpott Convener: Eva Kocziszky

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## Sleep in Classical, Late and Eastern Antiquity. A Comparative Inquiry

The workshop presents a comparative inquiry on the significance of sleep, its cultural coding and its connection to religion in the cultures of antiquity. It focuses primarily on the main Eastern and Western civilizations up to the fall of the Western Roman Empire.

Its primary aim is to complement the wide scale research done on the topic of sleep in the past decade by raising questions beyond the issue of dream narratives: about the complementary, dynamic states of sleep and wake, about the border mediating between the two. How do western and eastern ancient cultures of antiquity evaluate sleep and wakefulness? What kinds of social, ethical values and religious ideas are linked to them, what kind of sleepers humans or gods – are represented in the sleeping state? Is there a divinity responsible for falling into a faint, a granter, a depository – like the Greek Hypnos? Besides the imaginations of the deities of sleeping, the realm of sleep and night remains a phenomenon that is closely connected to religious beliefs.

It has been regarded as a border crossing experience, a crossing between life and death, human and divine, and in this state of "in-between" many extraordinary things could happen, such as healing, divination or – through dreams – even journey into a transcendent world. We can raise the question: What do our texts and images tell us about the nature of sleep, about its connection with the complementary ideas of immanence and transcendence? What significant narratives can be found about sleepers in the researched cultures? How do metaphors, analogies and counterpoints define the space of sleep? In what ways are the various cultural codings of sleep linked to religious experiences, to heroization, to death, or immortality?

## Tuesday, 26 September 2017

10:00 - 10:15 **Welcome Address & Introduction**Eva Kocziszky (Veszprém/Bochum)

>>> Session 1: Classical Antiquity

Chair: Eva Kocziszky (Veszprém/Bochum)

10:15 - 11:15 The Phaenomenology of Sleep in Roman Literature Christine Walde (Mainz)

11:15 - 12:15 **Endymion: Positioning Sleep in Greek Religion and Mythology** Ken Dowden (Birmingham)

12:15 - 12:30 Coffee Break

12:30 - 01:30 Εναργής γὰρ αὐτῶν ἐστιν ἡ γνῶσις - Epicurus on the Gnosis of the Gods in Dreams

Melissa Kunz (Saarbrücken)

	01:30	- 02:45	Lunch
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>>> Session 2: Judeo-Christian Antiquity

Chair: Eduard Iricinschi (Bochum)

02:45 - 03:45 **Sleep as Mindlessness in the Old Testament**Ulrich Dällenbach (Bern)

03:45 - 04:45 Haec erit somni et ratio naturalis et natura rationalis. Tertullian and Augustine on Sleep
Knut-Martin Stünkel (Bochum)

04:45 - 05:15 **Coffee Break** 

>>> Session 3: Near Eastern Antiquity

Chair: Kianoosh Rezania (Bochum)

05:15 - 06:15 Sleepy Heroes and Awoken Babies – Conceptions of Sleeping and Dreaming in the Ancient Near East

Rosel Pintka-Hinz (Bochum)

06:30 **Dinner** 

## Wednesday, 27 September 2017

>>> Session 4: Eastern Antiquity: China

Chair: Licia Di Giacinto (Bochum)

09:30 - 10:30 The Uses of Sleeplessness: Narratives and Topoi of Insomnia in Chinese Late Antiquity

Antje Richter (Boulder, CO)

10:30 - 11:30 **Dream Between Divination and Revelation: A Few Remarks** Licia Di Giacinto (Bochum)

11:30 - 12:00 Coffee Break

>>> Session 5: Eastern Antiquity: Japan & India

Chair: Jessie Pons (Bochum)

12:00 - 01:00 Sleep and Sleeplessness at the Ancient Japanese Court Brigitte Steger (Cambridge)

01:00 - 02:15 Lunch

02:15 - 03:15 Slumbering Gods and Dozing Queens - The Motif of 'Sleep' in the Visual Arts of Ancient and Medieval India Patrick Krüger (Bochum)

03:15 - 04:00 Final Discussions